

Siler's Transitions Conference - March 18, 2017

RESOURCES	CONTACT INFORMATION	SERVICES
Centralina Area Agency on Aging 1-800-508-5777 http://centralina.org/centralinaaging/	Laurie Abounader, Regional Ombudsman labounader@centralina.org 704-699-3958, 704-348-2739	Advocacy, adult daycare, elder abuse, family caregiver support, home meds & meals, transport
Carolinas Healthcare System Hospice & Palliative Care Golf Acres Drive, Bldg O, Charlotte, NC 28208 http://www.carolinashealthcare.org/medical-services/specialty-care/other-specialty-care-services/hospice-palliative-care/union-county	Kelly Roberts, Hospice Transitions Coordinator M. 704--955-7679	Palliative and Hospice guide
Garrity & Gossage LLP 344 W. John Street Matthews NC 28105 www.garritygossage.com	Kim Gossage, Elder Care Attorney 704-841-0661	Essential Estate Planning: Will, Living Will and HCPOA (or Advanced Medical Directive), Durable POA, Guardianship
Walgreens www.Walgreens.com/Pharmacy/	Kara Rooman 704-684-6036	Help with all your Medicare PDP, vaccination, and specialty services
The Navigation Lady	Kara K. Lemon, MSW, LCSW 704-242-4322 www.facebook.com/TheNavigationLady	Guiding thru disability, insurance, memory, medical paperwork, balancing accounts, links
Healthquest of Union County 415 E. Franklin Street Monroe, NC 28112 http://www.healthquestpharmacy.org/	A non-profit pharmacy 704-226-2050	Provides assistance in securing medications for those who cannot afford them
Fresh Start Transitions www.freshstarttransitions.com	Adele Mahan 704-307-1112 adelem@freshstarttransitions.com	Assisting with home needs of seniors who are transitioning in life
Ellen Fitzgerald Center 300 West Crowell Street Monroe, NC 28112 http://parks.monroenc.org/ellen-fitzgerald-senior-center	704-282-4500	Activities and classes to keep seniors active and engaged
BlueDot Cares, Inc. www.bluedotcares.com	Jimmy Clonaris, Managing Partner 10345 Nations Ford Rd. Ste A-1 Charlotte, NC 28273 P. 704-247-8725 C. 704-241-1116	Provides seniors respite and companion care service in the comfort of their own home, in Charlotte and surrounding communities
TH Robertson Funeral Services www.throbertson.com/	TH Robertson 704-293-8335	Highly personalized, affordable, 24-hr Funeral and Cremation Services, planning at your home
White Oak Manor 700 Howie Mine Rd. Waxhaw, NC 28173 http://WhiteOakManor.com	Katrina Potter (Waxhaw location) Tel 704-243-7640 Fax 704-243-7641	Many locations, providing short term rehab, independent living, assisted living, nursing home, and memory care.